

Fruit Picnic with Frederic



Frederic Patenaude
www.fredericpatenaude.com

Common Sense Advice on the Raw Food Diet from world's renowned author of the book "*The Raw Secrets: the Raw Food Diet in the Real World*"

Join him and others for a Fruit Picnic in Frederiksberg Gardens on a Sunday Afternoon and hear about the High Energy Raw Food Diet – The Low Fat Raw Vegan Approach

- 13:00 Fruit picnic
- 14:00 Welcome and short introduction to a low fat raw vegan diet (lfrv) / Petr Cech
- 14:30 Healing from chronic fatigue with lfrv / Louise Koch
- 15:00 Low Fat Raw Vegan Diet / Frederic Patenaude
- 16:30 Questions and Answers / Frederic Patenaude

For more details and registration please send email to:
fruitpicnic@rawquest.dk

Sunday afternoon
1st August 2010,
Frederiksberg Gardens

Registration due to 25th July
Price 250 DKK

Registration by email:
fruitpicnic@rawquest.dk

Payment to Danske Bank:
Reg. number: 0274
Account number: 2645701383